

Sunbeam (Rayo De Sol)



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Music : Prandi Sound - "International Latin Rumba" CD-179 Trk#3 (or Contact choreographer)

Footwork : Lady opposite (except as noted) **Rhythm :** Rumba **Phase: IV + 2** **Speed: 24 MPM**
Sequence : Int, A, B, C, End **(Cuddles, Spiral)** Ver: 1.01

INTRO

1 - 4 WAIT ; BK WLK ; SYNC FAN to FC (Hndshk) ; BASIC with WRAP to SKTRS ;

QQS Fcg RLOD (LOD w/L hnd on M's chest) - both w/L ft free wait 1 meas.;
QQS {Backward Walk} Bk L, R, L, - (Fwd L, R, L, -);
QQ&S {Sync Fan to face} Bk R, rec L/swvl LF, fwd R to fc LOD jn R hnds, - (Fwd R, fwd L/fwd R trng LF, bk L, -);
QQS {Forward Basic with Wrap to Skaters} Fwd L, rec R, wrap W LF to brief tandem rel hnds as tch L to R as blend to Sktrs Pos, - (Bk R, rec L, fwd R swivel LF to brief wrapped pos to end in Sktrs);

A SEQ

1 - 4 SD LNG (LADY CARESS) ; LADY ROLL (OP LOD) ; FENCING LN IN 4 ; FENCE LN w/ LADY'S OK ROLL to SKTRS ;

SS {Lunge side L (Lady Caress)} Lunge sd L twd COH, -, -, - (Lunge sd L, -, sweep R hnd out-up- & trng twd M caress L sd of his face);
QQS {Lady Roll Out to OP} Rec R, cl L, sd R to LOP fcg LOD, - (Rec R start RF roll, cont roll on L, sd R, -);
QQQQ {Open Fencing Line in 4} XLIF, rec R, sd L, rec R;
SQ&Q {Fencing Line w/ Lady's Quick Roll to Sktrs} XLIF, -, rec R leading W's LF roll/cl L, inplc R as jn L-L hnds lady to Skaters Pos fcg LOD - (XLIF, -, rec R strt LF trn/cont trn on L, R);

5 - 8 SD LNG (LADY CARESS) ; BOTH ROLL (fc LOD) ; BOTH SPOT TRN to FC ; SYNC FAN ;

SS {Lunge side L (Lady Caress)} Lunge sd L twd COH, -, -, - (Lunge sd L, -, sweep R hnd out-up- & trng twd M caress L sd of his face);
QQS {Both Roll toward wall to face LOD} Rec R strt RF roll twd wall, cont roll L, sd R fcg LOD, - ;
QQS {Both Spot Turn to LOP fcg} Trng RF stp fwd L twd wall, rec R trng RF, sd & bk L, jn ld hnds - (Trng RF stp fwd L twd wall, rec R trng RF, fwd L to fc ptr as jn ld hnds -);
QQS {Sync Fan} Bk R trng LF, rec L, sd R fc LOD, - (Fwd R/L twd COH, fwd R trng LF, bk L fc (QQ&S) wall, -);

9 - 13 HOCKY STK OVR TRND ; ; WALK 3 LADY SWVL to FC ; CUCARACHA 2 X ; ;

QQS QQS {Hockey Stick Over-trnd DLW} Fwd L w/slight L arm extension, rec R lead W to stp fwd, cl L leading W to stp fwd as raise jnd hnds [nearly Tamara Pos], -, bk R sml trng to fc DLW as lead W twd DLW [looping jnd hnds over W's head], fwd L DLW as lwr jnd hnds leading W to ovr-trn LF, fwd R, - (Cl R to L, fwd L, fwd R, -, fwd L toed out twd DLW, fwd R twd DLW w/late LF trn cont trn to fc DLW [spiral action], fwd L, -);
QQS {Tandem Walk 3 (Swvl to face)} Fwd L, R, L as retract ld hnds to lead W's swivel to fc, - (Fwd R, L, R as swivel RF to fc ptr, -);
QQS QQS {Cucaracha 2 times} Sd R pressure stp, rec L, cl R, - ; sd L pressure step, rec R, cl L, - (Sd L pressure stp, rec R, cl L, - ; sd R pressure step, rec L, cl R, -);

14-16 BASIC (LADY SPOT TRN) to BFLY ; X-CHECK & XTND ; FCG FAN (COH) ;

QQS {Back Basic (Spot Trn to face) BFLY} Trng 1/8 RF bk R, rec L, sd R to Bfly, - (Trng RF stp fwd L twd COH, rec R trng RF, sd L to Bfly, -);
SS {Cross Check & extend} XLIF, -, extend line, - (XRIB, -, extend line, -);
QQS {Facing Fan COH} Rec R trng LF while leading W to Fan twd COH, sd & fwd L, fwd R fcg ptr & COH, - (Rec L, fwd R trng LF, bk L fcg ptr & wall, -);

B SEQ

1 - 4 BASIC to WRAP ; AIDA (RLOD) ; SWITCH & X (LOP) ; LADY INSIDE ROLL ;

- QQS {**Basic to Spiral Wrap**} Fwd L, rec R briefly to dbl hnd hld as, cl L & raise jnd ld hnds to lead W's LF trn, - (Bk R, rec L, fwd R swivel LF to wrapped pos, -);
- QQS {**Aida RLOD**} Thru R twd RLOD, trng RF fwd & sd L, sd & bk R [V bk-bk], -(Fwd L, fwd & sd R trng LF, sd & bk L, -);
- QQS {**Switch and Cross**} Swivel LF on R as rk sd L fcg ptr, rec R, cross thru L to LOP LOD, - (Swivel RF on L as rk sd R fcg ptr, rec L, cross thru R, -);
- QQS {**Forward walk with Lady's Inside Roll**} Forward walk R leading W's RF roll, rel jnd hnds and place on W's L shldr as step fwd L, fwd R to L-Sktrs pos LOD, - (Fwd L starting RF roll w/L arm acrs bdy, cont roll sd & fwd R, fwd L w/L arm out to side in L-Sktrs pos, -);

5 - 8 LADY ACRS to BFLY ; FENCING LINE ; UNDRARM TRN & RUN-ARND to CORTE w/LEG LIFT ; ;

- QQS {**Fwd wlk (Lady across to BFLY)**} [In & Out Run] Fwd L [sml stp], fwd R, L trng to fc ptr in BFLY fcg wall, - (Fwd R X in front of M, fwd & sd L trng RF, sd & fwd R to BFLY COH, -);
- QQS {**Fencing Line**} Thru R twd LOD, rec L, sd & bk R, - (Thru L twd LOD, rec R, sd & fwd L, -);
- QQ - - {**Rev Underarm Turn to Skaters Runaround**} XLIB as raise ld hnds to lead W's Rev. (QQQ&Q&) Underarm Trn, rec R to Sktrs Pos, retain wgt on R swvl LF as lady "unwinds" you (Trng LF stp fwd R, rec L trng LF to Sktrs Pos, Wheel fwd R/L, R/L);
- S - {**to Back Corte with Lady's Leg Lift**} Cont. to "unwind" on R as lwr jnd L hnds to lead W to (Q&S-) trn CP fcg DLW, bk L, -, trn upr bdy LF lead W's leg lift (Cont Wheel fwd R/L swvl to CP, fwd R [Corte], -, as trn bdy LF raise L knee against M's R leg); [timing 1, 2, 3&, 4&, 5&, 6, 7, 8]

C SEQ

1 - 4 LADY ROLL OUT to FC ; BASIC ; HIP ROCKS w/RONDE to ; LARIAT ;

- QQS {**Lady Roll Out to face in LOP**} Rec R, fwd L, fwd R to LOP fcg wall, - (Rec R start RF roll, cont roll on L, sd & bk R, -);
- QQS {**Fwd Basic**} Fwd L, rec R, sd & bk L to low Bfly, - (Bk R, rec L, sd & fwd R);
- QQS {**Hip Rocks w/Rondé**} Rk fwd R raise R hip, rec L, fwd R raise R hip as xtnd ld hnds fwd to lead W's Rondé, - (Rk bk L raise L hip, rec R, bk L raise L hip as Rondé R CW, -);
- QQS {**Lariat**} [Cucaracha] Raise ld hnds as stp sd & fwd L, rec R, cl L sway body twd W w/ld hnds circling CW over own head, - (XRIB of L, sd & fwd L strt RF walk around M, fwd R trng RF, -);

5 - 8 cont LARIAT OVR TRN to SKTRS DLW ; SLIDING DOOR ; ; STRT SLIDING DOOR ;

- QQS {**continue Lariat Ovr-trn to Sktrs**} Cont circling jnd ld hnds CW as stp bk R, rec L, fwd R lead W to over-turn to Sktrs DLW, - (Cont RF circle walk fwd L, fwd R, fwd L swvl RF to Sktrs, -);
- QQS {**Sliding Door**} Sd & fwd L bdy trn RF, rec R, XLIB pass bhnd W, - (Sd R otsd ptr on R sd, rec L, XRIF now in front of and to L sd of M, -);
- QQS {**cont. Sliding Door**} Rel jnd hnds as step sd R w/arms xtnded out look at ptr, rec L, XRIF pass bhnd W rtn to Sktrs fcg DLW, - (Sd L in L lng line w/arms xtnded out look at ptr, rec R, XLIB now in front of and to R sd of M,-);
- QQS {**Start Sliding Door**} Sd & fwd L bdy trn RF, rec R, bk L trng LF as ld W twd DLW, - (Sd R otsd ptr on R sd, rec L, fwd R twd DLW, -);

9 - 12 HOCKEY STICK END DLW ; ALEMANA ; ; to 2 CUDDLES ;

- QQS {**Hockey Stick End**} Bk R leading W twd DLW, rec L, fwd R, -(Fwd L, fwd R trng LF, bk L, -);
- QQS QQS {**Basic Alemana**} Fwd L, rec R, cl L raising ld hnds, -; bk R, rec L, fwd R to brief BJO, -(Bk R, rec L, fwd R toeing out, -; fwd L swvl 3/8 RF, fwd R swvl 3/8 RF, fwd L, -);
- QQS {**Start Cuddles**} Sd & fwd L trng bdy RF to 1/2 OP, retract R arm as rec R to strt W's LF trn to Cuddle Pos, cl L as place both arms around W, -(Swvl 3/8 RF on L as rk sd R to 1/2 OP, rec L strt LF trn, fwd R to brief CP w/both arms around M's shldr, -);

13 - 16 cont CUDDLES to BFLY ; HAND to HAND 2 X ; ; SLO WRAP to SKTRS ;

- QQS {**cont. Cuddles mod to Bfly**} Sd & fwd R trng bdy LF to L 1/2 OP, retract L arm as rec L to strt W's RF trn, sd R w/R arm xtnded sd blnd Bfly, - (Swvl LF on R as rk sd L to L 1/2 OP, rec R strt RF trn, sd L to Bfly, -);
- QQS {**Hand to Hand**} Swvl LF on R as brk bk L to OP, rec R trng to fc, sd L to Bfly, - (Swvl RF on L as brk bk R to OP, rec L to fc ptr, sd R to Bfly, -);
- QQS {**Hand to Hand**} Swvl RF on L as brk bk R to LOP, rec L trng to fc, sd R to Bfly, - (Swvl LF on R as brk bk L to LOP, rec R to fc ptr, sd L to Bfly, -);
- SS {**Slow Wrap to Skaters**} Retain wgt on R as slowly raise ld hnds and wrap W LF undr ld hnds, blnd to Sktrs Pos fcg DLW, - (Fwd R IF of L as slowly swivel LF on R to brief wrapped pos, -, blending to Sktrs Pos, -);

END

1 - 4 SD LNG (LADY CARESS) ; BOTH ROLL (fc LOD) ; BOTH SPOT TRN to FC ; SYNC FAN ;

- SS {**Lunge side L (Lady Caress)**} Lunge sd L twd COH, -, -, - (Lunge sd L, -, sweep R hnd out-up- & trng twd M caress L sd of his face);
- QQS {**Both Roll to face LOD**} Rec R strt RF roll twd wall, cont roll L, sd R fcg LOD, - ;
- QQS {**Both Spot Turn to LOP fcg**} Trng RF stp fwd L twd wall, rec R trng RF, sd & bk L, jn ld hnds - (Trng RF stp fwd L twd wall, rec R trng RF, fwd L to fc ptr as jn ld hnds -);
- QQS {**Sync Fan**} Bk R trng LF, rec L, sd R fc LOD, - (Fwd R/L twd COH, fwd R trng LF, bk L fc wall, -);

5 - 8 HOCKY STK OVR TRND ; ; WALK 3 LADY SWVL to FC ; CUCARACHA ;

- QQS QQS {**Hockey Stick Over-trnd DLW**} Fwd L w/slight L arm extension, rec R lead W to stp fwd, cl L leading W to stp fwd as raise jnd hnds [nearly Tamara Pos], -; bk R sml trng to fc DLW as lead W twd DLW [looping jnd hnds over W's head], fwd L DLW as lwr jnd hnds leading W to ovr-trn LF, fwd R, - (Cl R to L, fwd L, fwd R, -; fwd L toed out twd DLW, fwd R twd DLW w/late LF trn cont trn to fc DLW [spiral action], fwd L, -);
- QQS {**Tandem Walk (Tandem Walk 2 & Swvl to face)**} Fwd L, R, L as retract ld hnds to lead W's swivel to fc, - (Fwd R, L, R as swivel RF to fc ptr, -);
- QQS {**Cucaracha**} Sd R pressure stp, rec L, cl R, - ; (Sd L pressure stp, rec R, cl L, -);

9 - 10 SLO WRAP to SKTRS ; SD LNG (LADY CARESS) ;

- SS {**Slow wrap to Skaters**} Retain wgt on R as raise ld hnds and wrap W LF undr jnd hnds to end in Sktrs Pos DLW, - (Fwd & acrs R, -, swvl LF on R to brief wrap as blnd to Sktrs Pos, -);
- SS {**Lunge side L (Lady Caress)**} Lunge sd L twd COH, -, -, - (Lunge sd L, -, sweep R hnd out-up- & trng twd M caress L sd of his face);