# Something Good

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**Music:** "I'm Into Something Good" by The Bird and the Bee, Available as single-track download from Amazon
**Rhythm/Phase:** Jive Phase V+1 (Rolling Off the Arm)  **Recommended Speed:** Original Speed (2min 51sec)
**Sequence:** Intro-A-A-B-A-Interlude1-Bmod-A-Interlude2-Ending
**Timing:** Timing reflects actual weight changes          **Footwork:** Described for Man, Lady opposite (*or as noted*)

## INTRO

**1-4     WAIT 2 MEAS ; ; VINE 8 w/ SNAPS ; to SCP ;**

1-2     **{Wait 2 Meas}** Wait 2 Measures in OPEN FCG POS M FCG WALL no hands joined lead ft free;;

3       **{Vine 8  QQQQQQQQ}** Sd L, XRIB of L *(W: XLIB of R)* snapping both fingers, sd L, XRIF of L *(W: XLIF of R)* snapping both fingers;

4       Sd L, XRIB of L *(W: XLIB of R)* snapping both fingers, sd L, XRIF of L *(W: XLIF of R)* optionally snapping both fingers end blending SCP LOD;

## PART A

**1-4     2 FWD TRIPLES ; SWIVEL WALK 4 ; THROWAWAY ; CHICKEN WALKS 4 QUICKS (LADY CHECKING) ;**

1       **{2 Fwd Triples  QaQQaQ}** Fwd L/cl R, fwd L, fwd R/cl L, fwd R end SCP LOD;

2       **{Swivel Walk 4  QQQQ}** Fwd & sd L, XRIF of L in CBMP, fwd & sd L, XRIF of L in CBMP *(W: swvl 1/8 LF on L sd R, swvl 1/8 RF on R fwd L, swvl 1/8 LF on L sd R, swvl 1/8 RF on R fwd L)* end SCP LOD;

3       **{Throwaway  QaQQaQ}** Fwd chasse L/R, L leading W to fold in front, small fwd chasse R/L, R *(W: turning 3/8 LF sd & bk chasse R/L, R to CP DLW, cont LF turn releasing from CP bk chasse L/R, L)* end LEFT OPEN FCING POS LOD;

4       **{Chicken Walks  QQQQ}** Bk L, R, L, R *(W: swvl RF on L/fwd R toe out, swvl LF on R/fwd L toe out, swvl RF on L/fwd R toe out, swvl LF on R/fwd L toe out optionally taking L arm up side and over the head palm out throughout the measure)* end LOP FCG POS LOD;

**5-8     CHANGE LEFT-to-RIGHT ; w/ GLIDE to the SIDE ; STOP & GO ; SHAKE HANDS ;**

5       **{Chg L-to-R  QQQaQ}** Rk apt L, rec R, raising joined lead hands turn ¼ RF to fc wall chasse L/R, L *(W: rk apt R, rec L, turning ¾ LF under joined lead hands fwd chasse R/L, R)* end LOP FCG POS WALL;

6       **{Glide to the Side  QQQaQ}** Sd R, lowering on R XLIF of R *(W: XRIF of L)*, chasse R/L, R end LOP FCG POS WALL;

7       **{Stop & Go  QQQaQQQQaQ}** Rk apt L, rec R raising lead hands to turn W under LF fwd chasse L/R, L placing R hand on W's L shoulder blade w/ lead hands low *(W: rk apt R, rec L comm LF turn, cont LF turn chasse R/L, R completing ½ LF turn under lead hands)* end RIGHT SD-by-SD POS FCG WALL;

8       Fwd R softening R knee slightly & look R bk at W, rec L raising lead hands to lead W to turn under RF, small bk chasse R/L, R *(W: rk bk L extending L arm straight up, rec R comm RF turn, cont RF turn chasse L/R, L completing ½ RF turn under lead hands)* end OP FCG POS WALL w/ RIGHT HANDS JOINED;

**9-12    ROLLING OFF the ARM (FACE LOD) ; ; TRIPLE WHEEL 1 (LADY SPIN) ; -,-, (SCP) ROCK, RECOV ;**

9       **{Rolling Off the Arm  QQQaQQQQaQ}** Rk apt L, rec R comm ¼ RF turn, cont RF turn sm chasse L/R, L while leading W to turn LF into crook of M's R arm extend L arm to sd *(W: rk apt R, rec L comm ¼ LF turn, cont LF turn chasse R/L, R into M's R arm extend L arm to sd)* end SKATERS POS RLOD;

10      Wheel ¼ RF fwd R, fwd L lead W to start RF roll out to LOD, turning ¼ RF in plc R/L, R *(W: wheel ¼ RF bk L, bk R trng RF, RF roll twd LOD chasse L/R, L)* end OP FCG POS LOD w/ RIGHT HANDS JOINED;

11      **{Triple Wheel 1  QQQaQQaQ}** Rk apt L, rec R, turning RF fwd & sd chasse L/R, L to touch W's bk w/ L hand & w/ R hand lead W to spin RF on last step of triple *(W: rk apt R, rec L, turning LF fwd & sd chasse R/L, R extend L arm out to sd spinning RF 1 full turn on last step of triple)* end both fcg WALL;

12      In place triple R/L, R *(W: turning ½ RF chasse in place L/R, L to fc M)* end blending to CP WALL,
        **{Rock Rec  QQ}** Rk bk L in SCP, rec R end SCP LOD;
        NOTE: Ending position varies depending on the figure that follows.

## PART A

**1-4**   **2 FWD TRIPLES ; SWIVEL WALK 4 ; THROWAWAY ; CHICKEN WALKS 4 QUICKS (LADY CHECKING) ;**

**5-8**   **CHANGE LEFT-to-RIGHT ; w/ GLIDE to the SIDE ; STOP & GO ; SHAKE HANDS ;**

**9-12**  **ROLLING OFF the ARM (FACE LOD) ; ; TRIPLE WHEEL 1 (LADY SPIN) ; -,-, (SCP) ROCK to ;**

   1-12   Repeat Measures 1-12 of Part A but the last ROCK REC begins the CHANGE R-to-L so ends roughly CP WALL;

## PART B

**1-4**   **CHANGE RIGHT-to-LEFT ; ROCK, RECOV, POINT/BALL, CROSS ; SHE GO HE GO ; ROCK, RECOV, POINT/BALL, CROSS ;**

   1   **{Change R-to-L  QaQQaQ}** Chasse L/R, L comm turning LF leading W to turn RF under joined lead hands, sm fwd chasse R/L, R *(W: sd chasse R/L, R turning ¾ RF under joined lead hnds, bk chasse L/R, L)* end LOP FCG POS LOD;

   2   **{Rock Rec Point/Ball Cross  QQ-aQ}** Rk apt L, rec R, pt L twd ptr/cl L on ball of foot, turn 1/8 RF XRIF of L *(W: turn 1/8 LF XLIF of R)* end M FCG DLW *(W: FCG DRW)* JOINED LEAD HANDS RAISED;

   3   **{She Go He Go  QaQQaQ}** Turning 1/8 RF to look at W's back sd chasse L/R, L on last step comm LF turn under joined lead hands, cont LF turn sd chasse R/L, R completing ¾ LF turn *(W: turning 3/8 LF under joined lead hands fwd chasse R/L, R to fc ptr, in plc L/R, L)* end LOP FCG POS RLOD;

   4   **{Rock Rec Point/Ball Cross  QQ-aQ}** Repeat Measure 2 of Part B;

**5-9**   **SHE GO HE GO ; ROCK, RECOV, POINT/BALL, CROSS ; CHANGE LEFT-to-RIGHT ; ROCK, RECOV, VINE 8 w/ SNAPS ; ; -,-, to SCP**

   5   **{She Go He Go  QaQQaQ}** Repeat Measure 3 of Part B end LOP FCG POS LOD;

   6   **{Rock Rec Point/Ball Cross  QQ-aQ}** Repeat Measure 2 of Part B;

   7   **{Change L-to-R  QaQQaQ}** Turning 1/8 RF to fc wall in place chasse L/R, L, sd chasse R/L, R *(W: turning 5/8 LF under joined lead hands fwd chasse R/L to fc ptr, R, sd chasse L/R, L)* end LOP FCG POS WALL;

   8-9   **{Rk Rec  QQ}** XLIB of R *(W: XRIB of L)*, rec R releasing lead hands end LOP FCG POS WALL NO HANDS JOINED, **{Vine 8  QQQQQQQQ}** Repeat Measures 3-4 of Intro end blending SCP LOD;;-,-,
   NOTE: Measure 9 has 2 extra beats (6 beats total). This is a normal Vine 8 but starts on beat 3 of measure 8 and finishes with the extra 2 beats of measure 9.

## PART A

**1-4**   **2 FWD TRIPLES ; SWIVEL WALK 4 ; THROWAWAY ; CHICKEN WALKS 4 QUICKS (LADY CHECKING) ;**

**5-8**   **CHANGE LEFT-to-RIGHT ; w/ GLIDE to the SIDE ; STOP & GO ; SHAKE HANDS ;**

**9-12**  **ROLLING OFF the ARM (FACE LOD) ; ; TRIPLE WHEEL 1 (LADY SPIN) ; -,-, (SCP) ROCK to ;**

   1-12   Repeat Measures 1-12 of Part A but the last ROCK REC begins the CHASSE ROLL so ends LOP FCG POS WALL;

## INTERLUDE 1

**1-4**   **CHASSE ROLL ; -,-, ROCK to CHASSE ROLL to RLOD ; ; -,-, (SCP) ROCK to ;**

   1   **{Chasse Roll  QaQQaQQaQ}** Chasse L/R, L release hands turn ½ RF to bk-to-bk pos, chasse R/L, R turn ½ RF to fc ptr;

   2   Chasse L/R, L trng 1/8 RF end LEFT ½ OPEN RLOD, **{Chasse Roll  QQQaQQaQQaQ}** Rk bk R, rec L turn 1/8 LF to fc ptr release hold;

   3   Chasse R/L, R turn ½ LF to bk-to-bk pos, chasse L/ R, L turn ½ LF to fc ptr;

   4   Chasse R/ L, R end blending SCP LOD, **{Rock Rec  QQ}** Rk bk L to SCP, rec R trng RF end CP WALL;

## PART B MODIFIED

**1-4**   **CHANGE RIGHT-to-LEFT ; ROCK, RECOV, POINT/BALL, CROSS ; SHE GO HE GO ; ROCK, RECOV, POINT/BALL, CROSS ;**

**5-8**   **SHE GO HE GO ; ROCK, RECOV, POINT/BALL, CROSS ; CHANGE LEFT-to-RIGHT ; ROCK, RECOV, SIDE, THRU to SCP ;**

  1-7   Repeat Measures 1-7 Part B end LOP FCG POS WALL;

  8   **{Rk Rec Sd Thru  QQQQ}** XLIB of R *(W: XRIB of L)*, rec R, sd L, thru R blending to SCP LOD;

## PART A

**1-4**   **2 FWD TRIPLES ; SWIVEL WALK 4 ; THROWAWAY ; CHICKEN WALKS 4 QUICKS (LADY CHECKING) ;**

**5-8**   **CHANGE LEFT-to-RIGHT ; w/ GLIDE to the SIDE ; STOP & GO ; SHAKE HANDS ;**

**9-12**   **ROLLING OFF the ARM (FACE LOD) ; ; TRIPLE WHEEL 1 (LADY SPIN) ; -,-, (SCP) ROCK to ;**

  1-12   Repeat Measures 1-12 of Part A but the last ROCK REC begins the CHASSE ROLL so ends LOP FCG POS WALL;

## INTERLUDE 2

**1-4**   **CHASSE ROLL ; -,-, ROCK to ; CHASSE ROLL to RLOD ; -,-, (SCP) ROCK to ;**

**5-8**   **CHASSE ROLL ; -,-, ROCK to ; CHASSE ROLL 2 TRIPLES to RLOD ; (LEAD HANDS) CONTINUOUS CHASSE ;**

  1-4   Repeat Measures 1-4 of Interlude 1 end LOP FCG POS WALL;

  5-7   Repeat Measures 1-3 of Interlude 1 end LOP FCG POS WALL;

  8   **{Continuous Chasse  QaQaQaQ}** Sd R/cl L, sd R/cl L, sd R/cl L, sd R end LOP FCG POS WALL;

## ENDING

**1-5**   **LINK ROCK to SCP ; -,-, ROCK, RECOV ; 4 POINT STEPS ; ; POINT LOD & FREEZE,**

  1   **{Link Rock  QQQaQQaQ}** Rk apt L, rec R, sm fwd chasse L/R, L to CP;

  2   Chasse R/L, R end CP WALL, **{Rock Rec  QQ}** Rk bk L to SCP, rec R end SCP LOD;

  3   **{4 Point Steps  -Q-Q-Q-Q}** Pt L fwd toeing out, fwd L, pt R fwd toeing out, fwd R;

  4   Repeat Measure 3 of Ending end SCP LOD;

  5   **{Pt LOD  -}** Pt L fwd toeing out & hold,