

EAST OF THE SUN

Record: Grønn 14138

Choreographer: Doc/Peg Tirrell 3 Churchill Road, Cresskill, NJ 07626-1698
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Footwork: Opposite except Part B meas. 1-8.

Sequence: INTRO A B C B A B ENDING

Rhythm: Foxtrot/Jive

ROUNDALAB Phase Rating: Phase III + 2 (Promenade Weave, Diamond Turn)

INTRODUCTION

MEAS

- 1 - 4 (CP WALL) WAIT; WAIT; SD, TCH, SD, TCH; DIP, -, REC, -;
1-4 In CP fcg wall wait 2 meas;; sd L, tch R, sd R, tch L; dip bk L,
-, rec R, -;

PART A

- 1 - 4 (CP WALL) WHISK; MANUV; OVERTURN SPIN TURN; BK, -, SD, CL;
1-2 (CP Wall) Fwd L, -, sd R, XLIB rising on ball of ft trng SCP
LOD; fwd R trng 1/2 RF to CP RLOD, -, sd L, cl R;
3-4 Bk L piv 1/2 RF, -, fwd R piv 1/4 RF to fc wall rising on ball of
ft, bk L; bk R, -, sd L, cl R (CP Wall);
5 - 8 HOVER; PROMENADE WEAVE;; SD, DRAW, CL, -;
5-6 (CP Wall) Fwd L, -, sd R rising on ball of ft, rec L to SCP DLC;
fwd R, -, fwd L trng LF (W fwd & sd R trng LF) to CP DRC, bk R to
contra-bjo DRW;
7-8 Bk L, bk R trng LF to CP wall, sd L, XRIF contra-bjo DLW; sd L,
draw R, cl R trng 1/4 RF, - to SCAR RLOD;
9 - 12 TWINKLE; MANUV; SPIN TURN; BK, -, SD, CL;
9-10 (SCAR RLOD) Fwd L trng to CP, -, sd R, cl L to BJO LOD; fwd R
trng 1/2 RF CP RLOD, -, sd L, cl R;
11-12 Bk L piv 1/2 RF, -, fwd R rising on ball of ft, bk L; bk R, -, sd
L, cl R;
13 - 16 LEFT TURN; LEFT TURN;; VINE 4; FWD, DRAW, CL (W TRANS) to Sktrs, -;
13-14 (CP LOD) Fwd L trng LF, -, sd R, cl L; bk R trng LF, -, sd L, cl R
to CP wall;
15-16 Sd L, XRIB, sd L, XRIF to SCP LOD; fwd L, draw R, cl R (W tch) to
Sktr;

PART B

- 1 - 4 SHADOW DIAMOND TURNS;;;:
1-2 (SKTR LOD) Using same ft fwd L trng to COH, -, sd R, XLIB; bk R
trng to RLOD, -, sd L, XRIF;
3-4 Fwd L trng to Wall, -, sd R, XLIB; bk R trng to LOD, -, sd L,
XRIF;
5 - 8 TWINKLE; CK, -, FISHTAIL, -; -, -, FWD, -; FWD, -, TCH (W PICK UP TRANS
to CP), -;
5-6 (Sktr LOD) Same ft XLIF, -, sd R, cl L trng DLC; fwd R & ck, -,
(fishtail) XLIB, sd R;
7-8 (continue fishtail) Fwd L, 1k R, fwd L, -; fwd R, -, tch L (W fwd
L trng 1/2 LF to CP), -;

- 9 - 12 DIAMOND TURNS;; TRN L, SD, BK, BK; DIP, -, REC, -;
9-10 (CP LOD) Fwd L trng to fc COH, -, sd R, XLIB; bk R trng to fc
RLOD, -, sd L, XRIF;
11-12 Fwd L trng to fc wall, sd R trng to fc LOD, bk L, bk R blending
to CP; dip bk L, -, rec R, -;
13 - 16 LEFT TURN; LEFT TURN; FOXTROT VINE; THRU, -, SD, CL;
13-14 (CP LOD) Fwd L trng LF, -, sd R, cl L; bk R trng LF, -, sd R, cl
R to CP Wall;
15-16 Sd L, -, XRIB, sd L; XRIF, -, sd L, cl R (BFLY wall);

PART C

- 1 - 3 TOE, HEEL, CROSS/SD, CROSS; TOE, HEEL, CROSS/SD, CROSS; VINE 4;
1-3 (BFLY Wall) Tch L toe to R instep, tch L heel to R instep,
XLIF/sd R, XLIF; tch R toe to L instep, tch R heel to L instep,
XRIF/sd L, XRIF; sd L, XRIB, sd L, XRIF (SCP LOD);
5 - 8 FALLAWAY ROCK - RT TRNG FALLAWAY;;; RK THE BOAT; WK, -, FC, -;
5-8 (SCP LOD) Fwd L/cl R, in place L, bk R/cl L, in place R; rk bk L,
rec R, fwd L trng RF/cl R, in place L; bk R trng RF/cl L, in
place R to RLOD SCP, rk bk L, rec R; fwd L with straight leg &
leaning fwd, cl R relaxing knees & straighten body, fwd L with
straight leg & leaning fwd, cl R relaxing knees & straighten
body; fwd L, -, fwd R trng RF, - to BFLY COH;
9 - 11 TOE, HEEL, CROSS/SD, CROSS; TOE, HEEL, CROSS/SD, CROSS; VINE 4;
9-11 (BFLY COH) Repeat meas 1-3;;;
12 - 16 FALLAWAY ROCK - RT TRNG FALLAWAY;;; RK THE BOAT; WK, -, CL (W TRANS)
to Sktrs;
12-15 (SCP RLOD) Repeat meas 4-7;;;
16 Fwd L, -, cl R (W tch L), - to sktr LOD;

ENDING Slow apart point.

